Long Tone Exercises

Amanda McCandless

I. Basic Scales: Play each exercise at quarter note equals 80 or slower. Breathe for four counts at the beginning of each exercise and after each fermata. Hold the fermata until you run out of air. Play each exercise with a full, resonate sound. Concentrate on using a consistant airstream.

II. 8 and 8 Exercises
Play the following exercise on one breath. Do not break between the two pitches. Begin at quarter note equals 80 and decrease tempo over time. Breathe for three counts at the beginning and end of the exercise. Use a full, resonate sound. Concentrate on using a consistant air stream.
III. 4-4-8 Exercises

Play each exercise on one breath. Do not break between each pitch. Breathe for four counts before and immediately after each exercise. Begin at quarter note equals 80 and decrease tempo over time. Use a full, resonant sound. Concentrate on using a consistent air stream.

add Ab/Eb key  
Use fork fingering  
add Ab/Eb key  
add Ab/Eb key  
add Ab/Eb key  
add RH needle key and Ab/Eb key